

any just a reminder that you're receiving this email because you've expressed an interest in UC Berkeley's Growing Roots projects. Don't forget to add jsowerwi@berkeley.edu to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.

Latest research, upcoming workshops,
news and events for the Growing Roots community!



Sustainable Urban Farming for Resilience and Food Security

Happy Fall!

[Growing Roots](#) has a new project and new partnerships! The [Berkeley Food Institute](#) has launched the [Sustainable Urban Farming for Resilience and Food Security project](#) with support from the [Foundation for Food and Agricultural Research](#) (FFAR). This newsletter aims to share project information and strengthen networking among urban farmers, community partner organizations, agroecology students, and anyone else interested in practical and policy strategies to increase the productivity, economic resilience and food justice impact of urban farms!

In this issue:

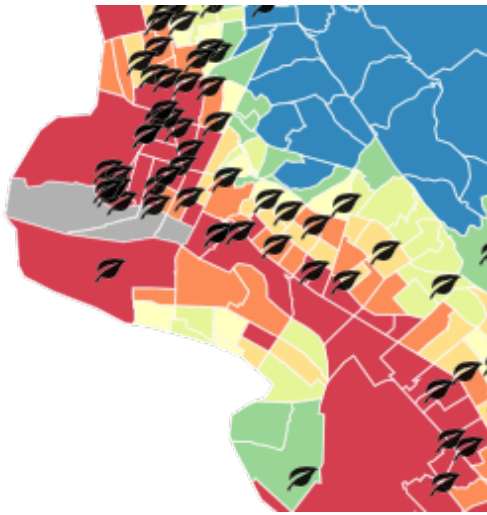
- New study examines how urban-produced foods contribute to food security
- Mapping food distribution from East Bay urban farms
- Fall workshops and events
- News we can use
- Free dragonfruit seedlings available!

GOT NEWS? if you're receiving this newsletter, you're doing work we'd like to share with this network. Please send your events to growingroots@berkeley.edu, and let us know if you'd like us to feature your work in an upcoming issue!

Does Urban Agriculture Improve Food Security?

UC Berkeley researchers undertook a review of academic and non-academic publications on urban agriculture nationwide to explore this question. They offer recommendations for researchers, practitioners, and policymakers who seek to cultivate food justice, equity, access, and sovereignty. Their findings appeared recently in the online journal Sustainability. [Read or download the article here.](#)





East Bay farm locations with pollution score overlay. Map by Dana Moskowitz.

Digging for Answers: what mapping can tell us about urban farm dynamics

Recent UC Berkeley graduate Dana Moskowitz has been exploring visualizations of data from a project survey of local urban farms combined with other socio-economic variables. She recently blogged about her continuing work for the Berkeley Food Institute's From the Field page. [Read Dana's full post here.](#)



School gardening program. Photo by Ramona Taylor.

Fall Workshops and Events

Sustainable Urban Farming Project

Soil Contamination Workshop: Co-hosted with community partner the [Multinational Exchange for Sustainable Agriculture](#), this workshop will use hands-on analysis of soil samples from participants' urban farms to explain best practices for mitigating and managing contaminated soil. **November 2018 workshop - e-mail research coordinator edithfriedman@berkeley.edu to be notified about date/time/location.**

Focus Groups, Interviews and Workshops: The Sustainable Urban Farming project team seeks

input from the urban farming and food justice community on a range of topics this fall. That's you! If you would like to participate and/or help host a local gathering, please contact edithfriedman@berkeley.edu.

Community Notices

UC Gill Tract Community Farm Harvest Festival:

The Gill Tract Farm is celebrating the 2018 harvest of 12,500 lbs of fresh produce, delivered to the UC Berkeley Food Pantry and other community support groups, made possible by 2,100 volunteers! Everyone is invited to join us at the **Harvest Festival, Sharing Roots, Growing Resistance:** Sunday, October 14, 10am - 4pm at the UC Gill Tract Community Farm. Farm work, lunch, panel on how urban agriculture can cool the planet. [More information here.](#)

Small Animal Husbandry: UCCE hosts **Healthy Animals, Healthy People** workshop for backyard and small livestock owners: Saturday, October 6, in Concord. [Details and sign-up are here.](#)

Feed Yourself Small Space Gardening: Berkeley Food Institute's [Campus Gardens](#) program offers two free workshops on small space basics this month. Everyone welcome! To register: [October 23](#), 5pm - 6:30pm; [October 26](#), noon - 1:30 pm.



UC Master Gardener Training: The UC Master Gardener Program holds annual training courses that prepare volunteers to provide research-based horticultural information and education. Alameda County is seeking new volunteer applicants. [Sign up now](#) to receive information about the 2019 training course.

News We Can Use

California's AB 626 will allow people to sell food made in "microenterprise home kitchens" beginning in January. [Read the article in the LA Times.](#)



Dragon Fruit. Photo by Garden Lovers Club.

Free Dragon Fruit Seedlings!

We have 10 Dragon Fruit/Pitahaya seedlings of several varieties looking for good homes. Want one? Contact growingroots@berkeley.edu.



