



# Introduction

*(Last updated in April 2021)*

**What this is:** What you have here is a guide to connecting with knowledge that will uplift you within your development as a young being. I have pulled together Bay Area organizations that center environmental justice and food sovereignty work through youth engagement. With this resource guide I hope to bring your mind, body and soul closer to mother earth, food and community.

**Purpose:** This guide was created with the intention to engage young people in community work so that they can analyze their role in shaping the future of our food systems, environmental and community health.

**Importance:** Reconnecting young people to the land and community, because you all are the future. Guiding young people in reclaiming knowledge that has been taken from our ancestors and privatized for corporate profit.

**Possibilities:** Young people engaging with their communities, having them remember and reconnect with ancient knowledge and mother earth so that they can witness what she provides for us. How can we give back and respect her through our work, the knowledge we obtain and our daily practices?

**Transformation:** Go out and learn, believe in yourself to create change, be the light, be inspiration and be transformation.

## **The lay out of this guide is as follows:**

- Categorized sections of organizations that provide youth programming
- Key Terms to help us understand our food system within a capitalist society
- Further learning resources on historical and local context in regards to our food system

**Note from curator:** My name is Julie Gonzalez and I created this resource with the intention to guide young people in reconnecting with land, food, culture and community. We are interconnected with all the elements, living beings and organisms on this beautiful earth and her health is reflective of ours. It is our responsibility to care and protect mother earth so that we as human beings may continue to live. In order to protect her and us, we must allow ourselves to be in relationship with all that she births, from the food we eat, to the water we drink, to the air we breathe and to the endless opportunities that she offers us. I hope this guide can assist you in gaining the skills needed to imagine and create the world you want to live in. If you would like to suggest any edits, provide me with any constructive suggestions I encourage you to please email me at [chapinajulie@gmail.com](mailto:chapinajulie@gmail.com)

# SF Based Youth Programming: Environmental and Food Justice

## ***PODER: Urban Campesinx @ Hummingbird Farm***

1669 Geneva Ave  
San Francisco California  
415. 431.4210

[urbancampesinx@podersf.org](mailto:urbancampesinx@podersf.org)

Instagram: @urbancampesinx

<https://www.podersf.org>

**Hummingbird Farm Workdays:**

**Sundays 10am to 2pm,**

**Wednesdays 3pm-6pm Spring/Fall**

**3pm-7pm Summer**

Urban Campesinx @ Hummingbird Farm, is a food justice and leadership program aimed at bettering the environmental, economic and health conditions experienced by working families in Southeast neighborhoods of San Francisco. Through urban agriculture practices, we tap into the wealth of traditions, and experiences of immigrant families in the Excelsior district to create an urban learning farm where we can share sustainable food practices and traditions and learn cooperative approaches towards the collective stewardship of public lands. Urban Campesinx provides hands-on urban farming experience, while working with volunteers to strengthen their leadership in climate and environmental justice. We hope to give neighborhood youth and families access to healthy foods, help them cultivate healthy eating habits and build community capacity to grow traditional foods and medicinal plants. A foundation of our farm is the relationships with local schools and social justice organizations.

## ***CUESA: Foodwise Teens***

1 Ferry Building, Suite 50  
San Francisco, CA 94111

[flor@cuesa.org](mailto:flor@cuesa.org)

<https://cuesa.org/foodwise-teens>

**Paid seasonal work growing, cooking, and selling food during the fall, spring, or summer at participating high schools. Visit [cuesa.org/foodwise-teens](https://cuesa.org/foodwise-teens) to apply.**

CUESA is a nonprofit dedicated to growing thriving communities through the power and joy of local food. CUESA's farmers markets and educational programs inspire eaters of all ages to take part in cultivating a healthy food system. Foodwise Teens is a paid job training program where teens build skills to sustain healthy lives and a healthy planet. Students learn about food justice, develop job skills, and get hands-on experience in the garden, kitchen, and farmers market, while getting paid for their work.

## ***CommunityGrows***

762 Fulton St.  
San Francisco, CA 94102  
415.795.3855

[info@communitygrows.org](mailto:info@communitygrows.org)  
[www.communitygrows.org](http://www.communitygrows.org)

### **Paid internships for San Francisco teens (ages 14-21) – Summer and School Year sessions**

CommunityGrows cultivates healthy youth through integrated, year-round, garden-based environmental and nutrition education and job-readiness training. The Band of Environmentally Educated and Employable Teens (BEETs), a paid teen and transitional aged youth program that teaches environmental justice, gardening, and job skills. BEETs work in the gardens, mentor younger learners, take field trips to other organizations doing similar work in SF, take part in job readiness sessions, and learn about environmental justice and leadership together as a team. Participants earn between \$15.59-\$17/hr.

### ***Urban Sprouts***

San Francisco Locations

415. 326. 3948

[sprout@urbansprouts.org](mailto:sprout@urbansprouts.org)

<https://www.urbansprouts.org>

#### **Paid Seasonal and Summer work; more info available soon**

Urban Sprouts believes everyone has the right to healthy food, beautiful outdoor environments, quality education, & earn a living wage. We work with communities in San Francisco, who have historically been denied access to resources for success & wellness, to remove barriers & create pathways to health & economic equity. Through our network of five gardens & community partners, each year, we reach over 2,000 people through three vital programs: cooking & nutrition classes, garden-based education, and job-readiness. Every year, Urban Sprouts employs forty-five youth (13-24) in paid, agroecology and peer-leadership positions where youth learn about creating, maintaining, and advocating for equitable, ecological food systems. Positions are offered year-round, after-school, and during the summer.

### ***Life Frames Inc.***

**A Living Library( A.L.L)**

[Info@alivinglibrary.org](mailto:Info@alivinglibrary.org)

<https://alivinglibrary.org>

#### **Year Round Paid Youth Work and Free Monthly Organic Gardening & CA Native Plants Community Workshops**

**Life Frames, Inc.**, non-profit sponsor of **A Living Library**, works with diverse schools and communities - locally and globally - to make ecological transformation in the environment integrated with hands-on learning by doing for students of all ages during the school day, after school, and summers. Paid Internships are available for 2 cohorts of Middle School and High School to Age 24 Youth in our **A.L.L. Green Futures After School & Summer Green Skills Job Training Programs**. For more information visit: [alivinglibrary.org](http://alivinglibrary.org) for flyer and application, or come to OMI/Excelsior Living Library & Think Park Lower Garden, or contact: Marius Samsó: [mariusamsos@hotmail.com/510-541-2594](mailto:mariusamsos@hotmail.com/510-541-2594)

***Alemanya Farm***

700 Alemany Blvd, SF, CA

[community.gardeners@gmail.com](mailto:community.gardeners@gmail.com)

<http://www.alemanyfarm.org>

**Community Workdays:**

**Noon to 5 pm every 1st & 3rd Sunday of the month**

**2nd Saturdays of the month**

**Every Monday afternoon from 1 - 5 pm**

Alemanya Farm is the largest urban farm in SF and welcomes all to come in and volunteer, learn how to grow food and take fresh produce home for free. Alemany hosts workshops, internships, youth school field trips/classes and volunteer work days.

***Sutro Stewards***

1128 Irving Street

San Francisco, CA 94122

[events@sutrostewards.org](mailto:events@sutrostewards.org)

<https://www.sutrostewards.org/contact>

**Contact for more information on programming**

Sutro Stewards helps conserve habitat for locally native plants and wildlife. Sutro Stewards aims to build community while reconnecting them back to nature; they offer many volunteer opportunities such as working in the nursery, habitat conservation and hiking trail restoration and maintenance.

***Literacy for Environmental Justice***

San Francisco, CA

415. 282. 6840

[staff@lejyouth.org](mailto:staff@lejyouth.org)

<https://www.lejyouth.org/about-us/>

**Contact for more information on programming**

LEJ promotes ecological health, environmental stewardship, and community development by engaging community in urban greening, eco-literacy, and workforce development opportunities. LEJ offers employment and volunteer opportunities for teens to learn about growing plants, restoring local habitat and preserving SF's biodiversity.

***Candlestick Point Eco-Stewards***

1150 Carroll Ave

San Francisco, CA 94124

415. 240. 0984

[bridget.llanes@lejyouth.org](mailto:bridget.llanes@lejyouth.org)

<http://www.candlestickconnect.org/#>

**Contact for more information on programming**

Candlestick Point Eco-Stewards believes that everyone deserves to thrive in a clean, healthy and just environment. They are made up of volunteers, supporters, environmental educators, habitat restoration specialists, community organizers and social justice advocates dedicated to connecting people to local urban open spaces to restore ecology, improve environmental health and strengthen community through their work; they offer service learning, teen programming and volunteer opportunities.

***Climate Action Now!***

1663 Mission Street #320,  
San Francisco, California  
415.503.7639

[ClimateActionNowCA@gmail.com](mailto:ClimateActionNowCA@gmail.com)

<http://climateactionnowcalifornia.org>

**Contact for more information on programming**

Climate action now fosters educational and ecological resilience by removing pavement to create organic gardens within SF. They offer youth an opportunity to engage with and discover the environmental, social and cultural importance of having more green spaces within communities.

***Hunters Point Family***

1800 Oakdale Avenue  
San Francisco, CA 94124  
415. 822. 8895

[info@hunterspointfamily.org](mailto:info@hunterspointfamily.org)

<https://www.hunterspointfamily.org/health-environment>

**Contact for more information on programming**

Hunters Point Family aims to improve the community's health by creating improvements on their land and food through environmental activism and food justice work. Hunters point family offers many opportunities for youth, teens and transition youth to adapt new skills, knowledge and work that centers understanding what healthy living, organizing and "green" careers are.

***18 Reasons***

3674 18th St.  
San Francisco, CA  
94110  
(415) 568- 2710

[info@18reasons.org](mailto:info@18reasons.org)

<https://18reasons.org>

**July Programming; Scholarships Available**

Our passionate and committed teachers share their stories, skills and knowledge.

We offer free Cooking Matters classes in low -income communities around the Bay Area. In our classes, we cook, eat and discover how to make quick, healthy, affordable, delicious meals every day. We offer an annual Teen Culinary Immersion camp, which gives teens the basic skills they need to become great home cooks, while learning about ingredients, techniques, and life as a chef. It's typically in July, and will be posted at [www.18reasons.org](http://www.18reasons.org). It's a paid for camp, and scholarships are available.

### ***Sprouts Cooking Club***

169 11th Street  
San Francisco CA 94103  
(510) 680- 3614  
[sprouts@sproutscookingclub.org](mailto:sprouts@sproutscookingclub.org)  
<https://www.sproutscookingclub.org>

#### **Apply online for Summer internship: Deadline May 10, 2020**

Sprouts Cooking Club (Sprouts) is a nonprofit organization based in SF that empowers youth from all socioeconomic backgrounds to live healthy, balanced lives by teaching them how to cook nutritious meals for themselves and their community. Sprouts runs the Chef-In-Training vocational training internship program; a culinary vocational internship for at-risk low-income youth between the ages of 15-24 years old. Students spend 3-4 months (about 10 hours per week) working inside the kitchen of one of the Bay Area's top restaurants, under the guidance of a mentor chef. Option for this to be a paid internship; students receive either school credit or a stipend (at least \$450 for 180 hours worked) for their hours worked. Apply for our summer internship (which begins June 2020 and ends late August 2020) by application deadline: May 10, 2020. Fill out our online application: [https://docs.google.com/forms/u/1/d/e/1FAIpQLScP8-DLRmtq2tDi\\_MnoH146SKUqY9fwtL0n0C4swoUGB8Uqg/viewform](https://docs.google.com/forms/u/1/d/e/1FAIpQLScP8-DLRmtq2tDi_MnoH146SKUqY9fwtL0n0C4swoUGB8Uqg/viewform)

## East Bay Based Youth Programming: Environmental and Food Justice

### ***Mycelium Youth Network***

Bay Area, CA

#### **Contact for more information on programming**

<https://www.myceliumyouthnetwork.org/our-projects>

Mycelium Youth Network is intended to bridge the gap between the increasing incidents of climate-related disasters and the ability of young people, who will inherit the world, to respond to those challenges with creativity, courage, resilience, hope and real-world practical skills and training.

### ***Sogorea Te Land Trust***

Oakland, CA

#### **Contact for more information on programming**

<https://sogoreate-landtrust.org>

Sogorea Te' Land Trust cultivates rematriation. Sogorea Te' calls on us all to heal and transform the legacies of colonization, genocide, and patriarchy and to do the work our ancestors and future generations are calling us to do.

### ***Planting Justice***

319 105th Ave. Oakland, CA 94601

510. 756. 6965

[volunteer@plantingjustice.org](mailto:volunteer@plantingjustice.org)

[education@plantingjustice.org](mailto:education@plantingjustice.org)

<https://plantingjustice.org>

#### **Community Workdays:**

**Thursdays from 9am - Noon and 1pm - 4pm**

Planting Justice is a grassroots organization with a mission to empower people impacted by mass incarceration and other social inequities with the skills and resources to cultivate food sovereignty, economic justice, and community healing. They provide food justice education to youth while centering community and social justice. Contact [education@plantingjustice.org](mailto:education@plantingjustice.org) for internships and more opportunities.

### ***CURYJ: Fruitvale Community Garden***

<http://www.curyj.org>

[rleal@curyj.org](mailto:rleal@curyj.org)

#### **Contact to learn more about how to volunteer and get involved**

CURYJ believes that establishing more spaces for sustainable agriculture in Oakland will support increased self-determination in our communities. We also see these spaces as vital components to healing our young people who are impacted by violence and trauma. Fruitvale community garden is a hub where youth are able to learn about living in harmony with the ecosystem around them, learn to grow their food, and learn about healing through re-claiming ancestral practices.

Contact Linda: [LSanchez@curyj.org](mailto:LSanchez@curyj.org) or Mike: [Mmuscadine@curyj.org](mailto:Mmuscadine@curyj.org)

### ***Acta Non Verba***

1001 83rd Avenue, Oakland, CA 94621



510-878-7235

[Info@anvfarm.org](mailto:Info@anvfarm.org)

<https://anvfarm.org>

### **Summer Programming apply online**

Acta Non Verba urban farm project provides an opportunity for Oakland youth to engage within the farm, learn leadership skills, and challenge oppressive dynamics and environments through urban farming. Acta Non Verba provides many volunteer opportunities and programming for all youth in order to strengthen their understanding of nutrition, food production, environmental stewardship and healthy living. Camp ANV's Leaders in Training (LIT) Program provides youth in grades 6-8 a leadership experience that focuses on cooperative learning and advanced development of camp activities including but not limited to cooking, farming, dance and wellness, outdoor activities, and overnight camping trips. We also provide opportunities for high school age youth to work with Camp ANV as Junior Counselors where they can share their unique skills and gain work experience while making an impact in their community.

### **Urban Tilth**

323 Brookside Dr

Richmond, CA 94801

(510) 232- 0911

[admin@urbantilth.org](mailto:admin@urbantilth.org)

<https://www.urbantilth.org>

### **Paid Summer Work; see website for more details**

Urban Tilth hires and trains local residents to cultivate agriculture in west Contra Costa County to help our community build a more sustainable, healthy, and just food system. In sum, we farm, feed, forage, teach, train, build community, employ, and give back. We help our community grow our own food; train and employ our own young people as "home grown experts"; teach our local residents about the relationships among food, health, poverty, and justice; and forge partnerships with local small farmers to increase demand for their produce. We run a Summer Apprentice Program from July - August; *we start accepting applications in April - May* and it has a stipend of \$1000 for every youth that completes the 6 week program.

### **Spiral Gardens Community Food Security Project**

2850 Sacramento St, Berkeley, CA 94702

510. 843. 1307

<http://www.spiralgardens.org>

### **Contact for more information on programming and volunteer opportunities**

Spiral gardens welcomes volunteers into their community garden, hosts workshops, has a nursery with culinary and medicinal herbs, has a produce stand and actively participates in public policy that promotes healthy food access. Spiral gardens welcomes all youth and actively hosts school field trips, mentors local youth and provides a space for youth to learn about growing plants.

### **Ecology Center: Youth Environmental Academy**

2530 San Pablo Avenue, Berkeley, CA 94702  
510. 548. 2220 x224

[youthdevelopment@ecologycenter.org](mailto:youthdevelopment@ecologycenter.org)

<https://ecologycenter.org/yea/>

### **Summer and Spring programming contact for application details**

Ecology Center's Youth Environmental Academy (YEA) inspires, engages and prepares youth ages 15–24 to become the next generation of environmental justice advocates. The program builds on youths' strengths to provide environmental education and work experience, aiming to prepare youth for careers across many sectors that improve environmental conditions and well-being of East Bay communities and beyond. Through programming based on the nationally acclaimed Roots of Success curriculum, youth learn about and engage the following issues: 1) Health, Food Systems, Food Justice, and Sustainable Agriculture, 2) Alternative Energy, 3) Climate Change, 4) Water Conservation, and 5) Waste Management and Recycling. YEA participants "earn and learn" with opportunities to move to positions of greater responsibility and leadership – from Youth Scholars to Youth Interns to Youth Program Assistants.

### ***City Slicker Farms***

2847 Peralta St.

Oakland, CA 94608

326. 221. 6581

12pm – 4pm , 7 days a week

<https://www.cityslickerfarms.org/contact/>

### **Contact for more information on programming**

City slicker's mission is to reinforce self sustaining access to food and build community through urban farming, education, and recreation. City Slicker farms provides a community farm, workshops, volunteer days, and produce.

### ***West Oakland Environmental Indicators Project***

349 Mandela Pkwy.

Oakland, Ca. 94607

510. 257. 5640

<http://www.woeip.org/contact/>

### **Contact for more information on programming**

West Oakland Environmental Indicators Project is a resident led and environmental based organization. They aim to achieve healthy neighborhoods by advocating for cleaner air and soil and helping residents understand the political, social and natural forces that impact their lives. West Oakland Environmental Indicators Project is always welcoming and accepting volunteers who can offer any and all skills.

### ***Hope Collaborative***

2000 Franklin St. Third Floor

Oakland, CA  
(510)817-4069

[info@hopecollaborative.net](mailto:info@hopecollaborative.net)

<http://www.hopecollaborative.net/>

### **Contact for more information on programming**

The Youth Action Board (YAB) is a group of community leaders between the ages of 14-24 within HOPE Collaborative who work together to create better conditions for people living in Oakland. The YAB meets weekly to learn leadership skills and supports projects to improve conditions in neighborhoods, food, and health opportunities in the following areas:

- Food Education Empowerment and Sustainability (FEEST) Team
  - An improvisational cooking program that engages young people in issues of food justice, cultural expression, and community development.
- School Food and Wellness Team
  - A partnership with OUSD on improving school food through healthy recipe taste testing and advising policies that support students' health and wellness.
- Healthy Neighborhood Team
  - Community engagement project working with residents to improve physical conditions of neighborhoods to be healthier. Projects include planting, neighborhood beautification, or advising city planners on the needs of the community.
- Healthy Corner Store Team
  - A partnership with corner stores, community groups, and residents in East and West Oakland to increase the availability of nutritious, affordable food by promoting and monitoring the stores in the program.
- Youth Media Team
  - Uses video and other forms of media to document the real-life stories of community leaders and projects working to improve food and neighborhoods in Oakland.

If you are a youth between the ages of 14-24, live or attend school in Oakland, and want to work with other youth and community members in creating a healthier Oakland send an email to HOPE at [info@hopecollaborative.net](mailto:info@hopecollaborative.net)

### ***Double O G (Original Organic Gardener)***

[RJ@Doubleog.org](mailto:RJ@Doubleog.org)

[www.DoubleOG.org](http://www.DoubleOG.org)

Bay Area, CA

### **Contact for more information on online programming**

OOG has adapted over the last year to go Digital! The pandemic kept us from having in person after school programming with our long-term partner We Lead Ours (WELO). When we were in

schools our classes would cover work in the garden, to cooking and learning about economics of food costing and how our global system of trade works. We have focused on growing our website to be an **online reference tool** for people wanting to learn about SUSTAINABILITY and REJUVENATION. Our website focuses on our three key pillars: Garden, Energy, and Economics. There are videos to teach about the How To's of gardening, what are the alternative energy sectors and technologies being created in that field, fun outdoor activities to build Bug Hotels, all of the basics one must learn to thrive in the kitchen, and loads of stories about the economic systems that we participate in daily. Our website also features a community section that has farmers markets listed for the Bay Area and New York in addition to lists of all other community based organizations #MakinChangeGrow. OOG loves to pop up at the Akoma Market in East Oakland (**Check IG for times @OOG510**) where we have had natural dye tie dying, flower pot painting and planting. Our latest achievement has been our addition to NearPod which is an online curriculum FREE for students to participate with (**See our website [www.DoubleOG.org](http://www.DoubleOG.org) or IG**). We are actively seeking land (fingers crossed in Oakland) so we can set up our farm once again. Ownership of the land is critical to avoid any opportunities that may misplace us in the future as we have experienced unfortunately a couple times previously. Our focus has also been directed to grant writing and internal growth as we look forward to the next decade of work.

## KEY TERMS

- **Agriculture** - the science and industry of producing food and raising livestock for people to consume *at a price*
- **Industrial agriculture** - economic and politically driven unsustainable practices in agriculture that overuse and spoil mother nature's natural resources
  - Agriculture accounts for about one quarter of global greenhouse gas emissions (Creating a sustainable food future, 9)
  - Agriculture consumes 92% of fresh water supply with 4% for industrial production and 4% for domestic supply (Creating a sustainable food future, 10)
    - [https://wrr-food.wri.org/sites/default/files/2019-07/WRR\\_Food\\_Full\\_Report\\_0.pdf](https://wrr-food.wri.org/sites/default/files/2019-07/WRR_Food_Full_Report_0.pdf)
    - World resource institute
- **Food system** - the process that it takes to bring food to our tables; the interacting activities and components when growing, harvesting, distributing, pricing, consuming and disposing of food and how this process impacts the environment(soil, energy, water, crops, air, etc.) and people (LVC\*, 6)

- **Corporate food system** - the application of technologies to agriculture that maximizes food production for profit
  - \*\*Note: the use of these technologies have long term effects: exhaustion of soil health/fertility; contamination of water; privatization of seeds by big corporations; disrupts local knowledge of how to grow food and medicine; creates hostile and unjust working environments for people working the land; makes healthy/organic food inaccessible to working class
    - Reference: *La Via Campesina*
- **Food insecurity** - a lack of consistent access to enough food for an active healthy life (USDA)
  - <https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/definitions-of-food-security.aspx>
    - Barriers may be physical, social, economic
- **Food desert** - urban neighborhoods and rural towns without ready access to fresh, healthy and affordable food ( Teaching Organic Farming and Gardening, 654) quoted: (Agricultural Marketing Service, no date).
- **Food apartheid** - the concentration of healthy food and unhealthy foods according to social stratification; this causes there to be more fast food restaurants and less grocery stores in poor neighborhoods versus wealthy neighborhoods, which then heavily influences and limits working class people's health choices/opportunities and disproportionately affects Black and Brown neighborhood's health.
  - <https://atlantablackstar.com/2015/06/16/food-apartheid-the-silent-killer-in-the-black-community/>
  - [https://www.mhcdc.net/food apartheid definition references](https://www.mhcdc.net/food_apartheid_definition_references)
- **Food justice** - a movement which involves farmers, producers and consumers to remove structural inequalities from food and economic systems and shift towards values centered in community, solidarity and social justice
  - See LCV\*, 16
- **Agroecology** - sustainable practices of growing food and managing farms that centers ecological principles, indigenous practices and environmental conservation; aims towards engaging local communities in accessing knowledge to grow their own food and create sustainable food systems
  - See LVC\*, 7,9,11
- **Food sovereignty** - the right of peoples and nations to create and maintain their own food systems; an emphasis on local food production based on land access for small farmers; dismantling of corporate power over food and land; affirming local, BIPOC and ancestral knowledge on growing food (LVC\*, 5)

- **Sustainable food system** - the practice of growing food on a small scale that calls for fairer land distribution with the recuperation of ancestral practices of food production alongside natural ecosystems (LVC\*, 6)
- **Food security** - having access and the means to afford safe and nutritious food on a daily basis to maintain a healthy life

*LVC\* : Toolkit: Peasant Agroecology Schools and the Peasant to Peasant Method of Horizontal Learning, La Via Campesina , 2017*

## **HISTORY/LOCAL CONTEXT**

**Important note:** I encourage readers and uses of this guide to seek out historical context written by QTBIPOC. I did not have the time to myself intentionally research and update this section, but I encourage you to do your own research and share this knowledge. You can email me at [chapinajulie@gmail.com](mailto:chapinajulie@gmail.com) if you have any edits requests, comments or concerns about any information on this resource guide.

- **Teaching Organic Farming and Gardening Unit 3.1 page 16-19\***
  - [https://casfs.ucsc.edu/documents/Teaching%20Organic%20Farming/TOFG\\_complete.pdf](https://casfs.ucsc.edu/documents/Teaching%20Organic%20Farming/TOFG_complete.pdf)
    - *History of our current food system, how it developed, how agriculture came to be and how it has affected our food, planet, and methods of growing food.*
- **World Resource Institute-Food\***
  - <https://wrr-food.wri.org>
    - *A resource website with reports, courses and ideas for creating a sustainable food future.*
- **World Resources Institute**
  - <https://www.wri.org>
    - *A website with resources, reports, maps, data, and events on how to get involved and stay informed with climate change, oceans, forests, food and other world resources.*

- **Soul Fire Farm\***
  - <http://www.soulfirefarm.org/get-involved/take-action/>
    - *A toolkit for taking action and advancing food sovereignty in your local community.*
  
- **The Oakland Institute**
  - <https://www.oaklandinstitute.org>
    - *A think tank that conducts research, publishes reports and data on land rights, sustainable food systems, food price crisis, international aid and climate change.*
  
- **San Francisco Food**
  - <https://sfgov.org/sffood/about-food-systems#localprojects>
    - *Resources on defining food system and finding local projects to improve our food system.*
  
- **SF Planning**
  - <https://sfplanning.org/project/food-system-policy-program#info>
    - *Local food system policy program that provides resources, SF food policies, webinars, hearings, and information of SF's food system.*
  
- **La Via Campesina\***
  - <https://viacampesina.org/en/>
    - *An international peasant's movement. LVC publishes, organizes, teaches, trains, and provides resources and information on our industrial food system in order to create a sustainable food system: builds food sovereignty, fights for peasant's right, fights for climate and environmental justice, protects land and water and builds international solidarity that centers and respects BIPOC knowledge and people.*
  
- **U.S Food Sovereignty Alliance**
  - <http://usfoodsovereigntyalliance.org>
    - *"The US Food Sovereignty Alliance (USFSA) works to end poverty, rebuild local food economies, and assert democratic control over the food system. We believe all people have the right to healthy, culturally appropriate food, produced in an ecologically sound manner." Provides news, resources, ways to get involved, informative videos, and publications.*
  
- **National Black Food and Justice Alliance**
  - <https://www.blackfoodjustice.org>

- “National Black Food and Justice Alliance (NBFJA) organizes for black food and land, by increasing the visibility of visionary Black leadership, advancing Black people’s struggle for just and sustainable communities, and building power in our food systems and land stewardship. In working for food sovereignty, land, and economic self-determination we focus on resistance, healing, and transformation.” Provides support, action plans and networking opportunities.
- **Healing Food Alliance**
  - <https://healfoodalliance.org>
    - Training, organizing, and discovering new ways of promoting urban agriculture, food sovereignty, and new food economies.

## ***Acknowledgements***

Thank you to all the people who help create and facilitate such wonderful and amazing youth programs within the Bay Area. This guide would have never come together if it wasn’t for the work you all are doing today. I appreciate all the community leaders and members who supported me in creating and sharing this guide.